

DESIGNED BY 02 6262 7808

HEARING AWARENESS WEEK

at play

ONE IN SIX AUSTRALIANS have a hearing impairment

23 - 29 AUGUST 2009

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One in six Australians has some form of hearing impairment. In Australia, hearing loss is more prevalent than all national health priorities except musculoskeletal conditions. This means hearing loss is more common than cardiovascular disease, diabetes mellitus, asthma, cancer and mental health.¹

¹ Access Economics: Listen Hear! The economic impact and cost of hearing loss in Australia, February 2006

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Turn down your personal stereo player or MP3 player and get better fitting ear buds. If other people can hear your music, it is probably up too loud!

Take and wear ear plugs when you go to noisy venues such as night clubs, concerts, motor racing or the gym – exposure to excessive noise for any length of time can cause irreparable damage.

Don't have the music up too loud in your car – it could be doing your ears damage without you even realising it.



prevention

at play

Assistive listening systems such as hearing loops, infrared and FM systems are now fitted into many venues and businesses.

Hearing aids, cochlear implants and Auslan (Australian sign language) are all ways you can improve communication if you are Deaf or have a hearing impairment.

The National Relay Service (NRS) is a phone service for people who are Deaf or have a hearing impairment. You can also use Internet Relay on your computer.

Captioning is written text of the dialogue, narration and sound effects. Watch for captioned and Auslan-interpreted performances at the cinema and theatre. Captioning is also available on some DVDs and videos.

access

